

All Seasons Veterinary Care Monthly Newsletter

September



Back to School!

As summer winds down and families prepare for the back-to-school season, our pets often notice the change in routine just as much as we do. After weeks of extra attention, playtime, and activity at home, the shift to quieter days can leave some pets feeling anxious, bored, or even a little down. At ASVC, we know transitions like this can be tough on our furry friends, so here are some tips to help make the adjustment easier.



Maintain a Consistent Routine



Pets thrive on predictability. Try to keep meals, walks/potty breaks, and play sessions at about the same time each day. Consistency helps your pet feel secure, even when the household is changing. If they're not on a schedule that lines up with your routine, start shifting activities by 5 minutes each day to try and make that change easier for them.



Keep Them Busy During the Day



A little enrichment goes a long way. Puzzle feeders, treat-dispensing toys, or a favorite chew can keep pets entertained and prevent boredom. For dogs, a morning walk or quick play session before everyone leaves can help them relax throughout the day. For both cats and dogs, just 10 to 15 minutes of one-on-one playtime before school or after work can make a big difference.



Recognize Signs of Stress Early



Some dogs may show stress through barking, chewing, accidents, or clingy behavior. Cats may hide more, vocalize, seem restless, and symptoms like loss of appetite can show up in both cats and dogs! If you notice changes in your pet's behavior, it may be their way of saying they need extra support. If your pet struggles with being alone, start with short departures (like running an errand) and gradually increase the time away. This helps them learn that you always come back.

Big life changes, like kids heading back to school can be hard on pets too. With a little planning, you can help them feel safe and loved during the transition. If you're concerned about your pet's behavior or health this season, give us a call! We're here to help keep tails wagging and whiskers purring.

↪ This Month ↪

World Rabies Day: Protecting Pets, People, and Communities

September 28 is **World Rabies Day**, a global reminder of the importance of rabies prevention. Rabies is a deadly virus that affects mammals, including humans, and is almost always fatal once symptoms appear. The good news? Rabies is preventable with proper vaccination.

Why Rabies Vaccination Matters

- Protects Your Pet: Even indoor pets are at risk if they encounter a bat or other wild animal. (One of our staff members found a bat in their house just last month!!)
- Protects Your Family: Vaccinating pets creates a safety barrier between wildlife and humans.
- Protects Our Community: Widespread vaccination keeps outbreaks from spreading through neighborhoods.

Plus, it's a state law in Iowa to have your pet's rabies vaccination up-to-date!

What You Can Do

- Keep your pet's rabies vaccination up-to-date.
- Supervise pets outdoors and avoid contact with wildlife.
- If you find a bat in your home, contact your local animal control or health department and get your pet's Rabies vaccination boosted immediately.

Call us at 515-531-8387 to schedule an appointment to get your pet's rabies vaccination updated!!

National Pet Insurance Month: Protecting Your Pet & Your Wallet

September is **National Pet Insurance Month**, making it the perfect time to learn how insurance can help you plan for your pet's care. We all want to give our pets the very best, but unexpected illnesses or injuries can come with unexpected costs. That's where pet insurance steps in.

Why Consider Pet Insurance?

- Peace of Mind: Insurance helps cover the cost of emergencies, so you can focus on your pet's health, not the bill.
- Better Access to Care: With coverage, many families can pursue treatments they might not otherwise be able to afford.
- Covers the Unexpected: From accidents and sudden illnesses to chronic conditions, insurance helps prepare you for life's surprises.

Finding the Right Fit

There are lots of insurance companies out there, and the "right" plan depends on your pet's age, breed, and your budget. A tool we recommend to many of our clients is Pawlicy Advisor. It's a free website that lets you compare plans side by side to see what works best for you.

Interested in learning more? Use this QR code or visit their website
www.pawlicy.com
to compare plans.



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Hill's to Home: Pet Food Delivered Right to Your Door

Did you know we offer a Hill's to Home Program here at ASVC? You can have your pet's Hill's Science Diet food shipped straight to your door! Sign up with the QR code to order your pet's prescription or wellness diet and have it delivered with free shipping - no extra trips needed!



You can also visit our website and use our 'Online Pharmacy' drop down to select the **Hill's Pet Food** link!

Why Pet Parents Love Hill's to Home

- 🐾 Convenient – Food arrives at your doorstep on your schedule. 🐾
- 🐾 Reliable – Never worry about running out; you can set up auto-shipments to be delivered on your set schedule. 🐾
- 🐾 Affordable – Enjoy clinic-exclusive discounts on Hill's products. 🐾
(Such as 35% off your first Autoship!!)

P.S. Use code **HILLSPD1H25** for an additional \$15 OFF your purchase!

Puppy/Kitten Showcase

We wanted to show off some of the ADORABLE puppies and kittens that saw us for their first visits last month! We are so excited to watch each and every one of them grow!!



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